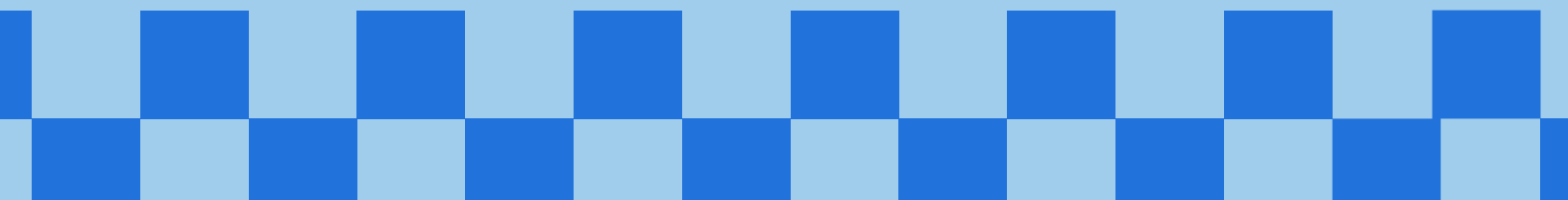


August, 2026



FRUIT TAKES TIME - FRUIT OF THE SPIRIT P.2

DISCUSSION GUIDE



MAIN IDEA

When we see the Fruit of the Spirit in someone's life, that tells us that they're being guided by, living in, and following Christ. Self-control is the fruit of the spirit to manage impulses and desires, in order to live wisely and God honoring. Everyone faces temptation, so everyone needs self-control. It can be hard practicing self control but remember - it's a fruit of the Spirit, not a fruit of hard work. As you continue to remain in Jesus, you will bear much fruit!

KEY POINTS / VERSES

To have self control, we must love, live and know God's Word.

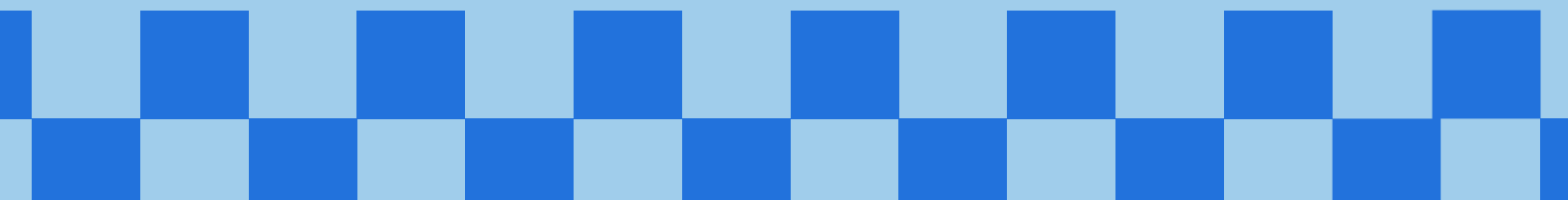
It can be hard practicing self control but remember - it's a fruit of the Spirit, not a fruit of hard work.

Hebrews 4:15 (NIV) 15 For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.

**TAKE ATTENDANCE ON THE CHURCH CENTER APP (ADD NEW STUDENTS)
AND CHECK LAST WEEKS DEVOTIONAL COMPLETION**

DISCUSSION QUESTIONS

1. Catch up with students! How was the first week of school? (5 Minutes)
2. Pray and read Luke 4:1-13. What stands out?
3. How was Jesus able to have self control over the devil tempting Him?
(Responding with the Word of God)
4. As school starts back up, what things do you find most tempting? What can you do to have self control? ****Leaders, guide them here to prioritize spending time in the Word.*



MAIN IDEA

Faithfulness is loyal reliability and trustworthiness grounded in God. Sometimes, faith feels easy. When life is going well and God feels close by, faith can seem so simple. But what about those times when you don't feel God's closeness? Or when you question your faith? Or when God doesn't answer your prayers the way you hoped He would? When you go through those times like those, how do you continue in faithfulness? If you want to grow in faithfulness that will persevere, even during tough times, get to know God and trust Him with something new.

KEY POINTS / VERSES

How can I walk by faith and not by sight when everything around me is crumbling? By following the one who overcame.

John 16:33 (NIV) "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

It's during difficult moments, where my Faith in Jesus grows.

God will **always** provide a way out for you to endure temptation and difficult things.

1 Corinthians 10:13 (NLT) The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

TAKE ATTENDANCE ON THE CHURCH CENTER APP (ADD NEW STUDENTS) AND CHECK LAST WEEKS DEVOTIONAL COMPLETION

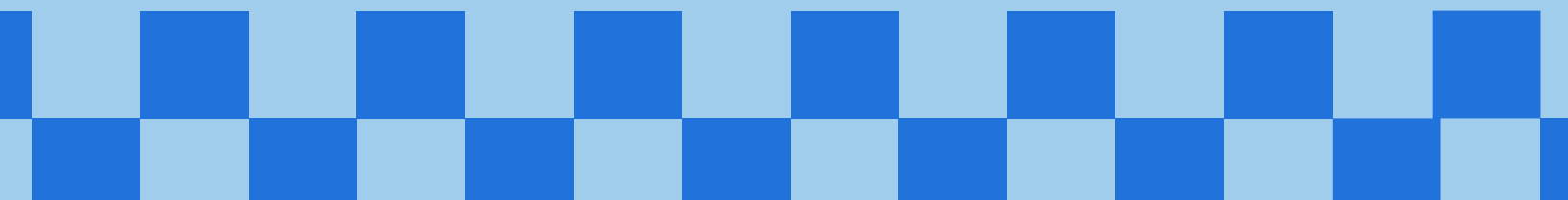
DISCUSSION QUESTIONS

1. What stood out from today's teaching?
2. What is a difficult moment that has shaken your faith in Jesus recently?

****Leaders, share one of the harder moments in your life and how remaining faithful to Jesus helped you overcome and trust Him more.**

3. Read 1 Corinthians 10:13, what stands out from this verse?
4. Take the last minutes and have students pick one verse that they can learn and use for the next week. Have them write it in their journal/phone. [Click HERE for the list of verses.](#)

*****Leaders, encourage them, next week you will follow up and see if they learned their verse!**



FRUIT OF THE SPIRIT: GOODNESS

08/26/2026

MAIN IDEA

Goodness is consistently choosing to do what is right and honorable in all circumstances. Jesus was able to embody goodness because he upheld the highest standard, the relationship with His Father. God is calling us not only to experience His goodness but to also take action on His goodness for others. Take some time to reflect today, how you've experienced God's goodness and how you can do the same for others.

KEY POINTS / VERSES

- When we experience the Goodness of God, it moves us to be good to others.
- Struggling to feel the goodness of God? Remember His goodness in the past.
- Just because something is not "good in our life" doesn't mean it's not Godly.
- God **IS** completely pure, loving, and righteous in His character, and all His **ACTIONS TOWARDS** creation are kind and helpful.

1 Chronicles 16:34 (NIV) Give thanks to the Lord, for he is good; his love endures forever.

Mark 16:15 (NIV) He said to them, "Go into all the world and preach the gospel to all creation.

TAKE ATTENDANCE ON THE CHURCH CENTER APP (ADD NEW STUDENTS) AND CHECK LAST WEEKS DEVOTIONAL COMPLETION

DISCUSSION QUESTIONS

1. How is "God's goodness" different from our definition of good?
2. Read 1 Chronicles 16:34. In your notebook/sheet of paper, write down 10 things of how God has been good to you.
3. Who in your life needs to experience God's goodness? (Name family members and friends)

*****Leaders finish the group by having each student pray for those who they named. Once you're done, encourage students to invite their friends that don't know God to VSM Night next week!**

